



F.No. GGSIPU/DSW/1/2022/5658

Date 04/01/2022

Corona Virus Advisory

In order to prevent the spread of Corona Virus, all the students, faculty members and staff of the University are advised to adopt and follow preventive measures.

The COVID-19 virus with the variant of OMICRON is a contagious virus that causes respiratory infection and is transferred through human to human contact.

MODE OF TRANSMISSION:-

Human Corona virus (COVID-19) most commonly spreads from an infected person to others through:

- Air by coughing and sneezing
- Close personal contact, such as touching or shaking hand
- Touching an object or surface with virus on it, then touching on your mouth, nose, or eyes before washing your hands.

HOW TO REDUCE RISK OF CORONAVIRUS INFECTION (COVID-19)

- Clean hands with soap and water or alcohol based hand rub
- Cover nose and mouth when coughing & sneezing with tissue or flexed elbow
- Avoid close contact with anyone with cold or flu like symptoms
- Isolation of Symptomatic patients for at least 14 days

DO's

- Cover your nose and mouth with disposable tissue or handkerchief while coughing or sneezing
- Frequently wash your hands with soap and water avoid crowded places
- Person suffering from influenza like illness must be confined at home
- Stay more than one arm's length distance from person sick with flu
- Take adequate sleep and rest
- Drink plenty of water/liquids and eat nutritious food
- Person suspected with influenza like illness must consult doctor


DON'Ts

- Touching eyes, nose or mouth with unwashed hands
- Hugging, kissing and shaking hand while greeting
- Spitting in public places
- Taking medicines without consulting doctor
- Disposal of used napkin or tissue paper in opens areas
- Touching surfaces usually used by public (Railing, Door, Gate etc).


(Prof. Manpreet Kaur Kang)
Director Students' Welfare

Copy to:-

- 1) All Deans, USS- with a request to circulate this circular to all Students, faculty members and staff & put up on notice board.
- 2) Proctor
- 3) Chief Warden
- 4) All Director/Joint Registrars/Dy. Registrars/Assistant Registrars/Branch Heads/Hostel Wardens, GGSIPU.
- 5) In-charge, University Works Division
- 6) All Principals/Directors of Affiliated Institutes
- 7) Assistant Registrar to Hon'ble Vice Chancellor for kind information of Hon'ble Vice Chancellor.
- 8) Assistant Registrar to Registrar for kind information of Registrar.
- 9) Controller of Finance.
- 10) Head UITS, with a request to upload the notice on the University website.
- 11) Guard file


(Neeraj Pant) 4/1/22
Section Officer

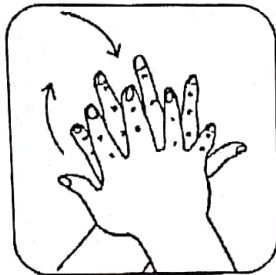
How to wash your hands well



Use soap all over your hands



Rub hands palm to palm



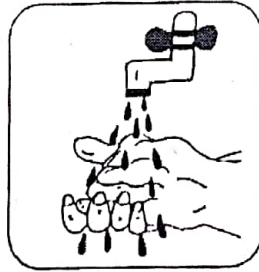
Clean the backs of your hands too



Clean between all fingers including thumb



Clean under the nails



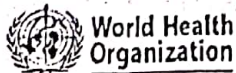
Rinse hands



Dry hands with something clean or air dry

Clean hands protect against disease

For more information visit the website at: www.searo.who.int



World Health Organization
Regional Office for South-East Asia
World Health House
Indraprastha Estate,
Mahatma Gandhi Marg,
New Delhi-110002, India

Editorial Board : Dr Poonam Khetrapal Singh,
Dr A Sattar Yousuf,
Dr Roderico Olrin, Mr Bruce Murphy,
Ms Vismila Gupta-Smith

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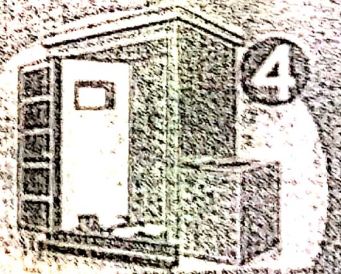


Reduce the risk of Coronavirus infection by these important precautions



COUGH AND SNEEZING

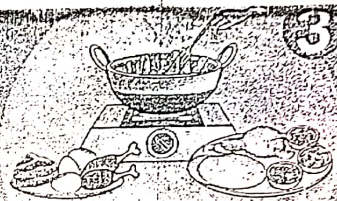
Remember
to wash
hands
with soap
frequently



After using toilet



CLEAN your hands before and after caring for sick person



Before cooking, after handling the animal before eating the food



If you have cough, fever or difficulty in breathing, contact a doctor immediately

Stay protected!

Stay safe from Coronavirus!

If you have returned from Wuhan, China after January 15, then get yourself tested for 2019-nCoV. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline

If you have returned from China in the last 15 days or have been in contact with any person affected by Coronavirus, then limit your contact with others and use a separate room for sleeping.

If you develop fever, cough and difficulty in breathing within 28 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline.



+91-11-23978046

or email at ncov2019@gmail.com