



## GGSIPI COVID Task Force

**Guru Gobind Singh Indraprastha University**

Sector-16 C, Dwarka, Delhi-110078 Website: <http://www.ipu.ac.in>

### INVITATION

Anxiety, fear, and stress are normal responses to perceived or real threats, and at times when we are faced with such a pandemic situation, it is quite normal that many of us are experiencing fear or stress due to this. It can seem that COVID-19 has made our world very small. But maybe it's also an opportunity to widen your horizon. Rather than letting COVID-19 make those walls around you close in, take the chance to broaden your horizons and widen your world.

The GGSIPU COVID Task Force is pleased to present an online session at 03.00 PM on Jun 5, 2021 (Saturday) at on “**Exploring new horizons: Covid and Beyond**” by Dr. Shikha Jain, Academician, Researcher and Digital Content Creator with 8+ years of experience in Education and Human Resources Industry. Dr. Shikha Jain is a PhD (Business Administration), MBA (HR & Marketing) and BSc. The GGSIPU COVID Task Force is an initiative to reach out to the students and to stay connected with them during the Covid 19 Coronavirus pandemic and to give them useful information for stress reduction and relaxation in the safety of their homes. All the students of USS and affiliated colleges/institutes are invited to attend the session and have an opportunity to personally interact with Dr Shikha Jain. The poster is attached.

Stay Home, Stay Safe.

#### Meeting Link

<https://ggsipu.webex.com/ggsipu/j.php?MTID=mac62e916ff0ec72c76b5b32a8f7b27b0>

**Meeting Number: 1582749259**

**Password: 1234**

**-Sd-**

**(Prof Vijita S. Agarwal)**

**Director, International Affairs**

**Member, GGSIPU COVID Task Force**

#### Copy to:

1. All Deans/Directors/Principals of USS/Affiliated Institutes with the request to inform all the students and faculty members of their respective School/Institute
2. Director, DSW
3. AR to Hon'ble Vice Chancellor for kind information of Hon'ble Vice Chancellor
4. AR to Registrar for kind information of Registrar
5. Head UITS with the request to please upload on the University website.