



NATIONAL SERVICE SCHEME (NSS) CELL

Guru Gobind Singh Indraprastha University

(A State University established under Government of NCT of Delhi)

Sector 16-C, Dwarka, New Delhi – 110078

Ph. No.011-25302703, Email Id: nsscell@ipu.ac.in



F. No. GGSIPU/NSSCELL/2024/470

Dated: 12th February, 2024

NOTICE

Sub: Conduct of a Foundation Course in Yoga Science for Wellness (50 Hours) – Reg.

NSS Cell of the University conducting a **Foundation Course in Yoga Science for Wellness (50 Hours)** in Collaboration with Morarji Desai National Institute of Yoga (MDNIY) in Central Sector Scheme (CSS), Government of India, for Skill Development under Champion Service Sector Scheme (CSSS).

Initially, MDNIY proposes to conduct a Foundation Course for 50 hours with the technical support of Yoga Instructor. This initiative falls under the Champion Services Sector Scheme (CSSS), Government of India, and upon successful completion of the course, trainees will receive a **stipend of Rs. 9,000/- (Nine Thousand Only)**.

Eligibility:

1. Trainee should be 10th pass.
2. Trainee should be above 18 years of age.
3. Trainee should **not** be a **Government Employee**.

How to join: Google link for registration of Foundation Course in Yoga: <https://forms.gle/XhgJvoXDczrkTKaSA>
(Last date of registration is 14.02.2024)

Date & Time (tentative)

19th February, 2024 to 19th March, 2024 (Six Days in a week) (02 Hours daily)

08:00 am to 10: 00 am

Venue

Library Courtyard Area (in front of Library), GGSIPU

All NSS Volunteers, NCC Cadets, other students of all USS and Affiliated Colleges and family members of staff are invited to join the live Yoga Session. The Yoga Instructors of MDNIY shall be demonstrating Yoga.

Encl.. AA

(Prof. Varun Joshi)

Program Coordinator, NSS Cell, GGSIPU

Copy to:

1. To all Deans/Directors/Principals of USS/ Affiliated Institutions under, GGSIP University
2. To all Program Officers of USS/Affiliated Institutions under NSS Cell, GGSIP University
3. To P.S to Hon'ble VC, GGSIP University (For kind information please)
4. To A.R. to Registrar, GGSIP University (For kind information please)
5. Head UITS, request to kindly upload the notice on the University website.
6. Guard File



मोरारजी देसाई राष्ट्रीय योग संस्थान
आयुष मंत्रालय, भारत सरकार
६८, अशोक रोड, नई दिल्ली - ११०००१
MORARJI DESAI NATIONAL INSTITUTE OF YOGA
Ministry of Ayush, Government of India
68, Ashok Road, New Delhi-110001

MDNIY/AO/2023/001

Dated: 08.02.2024

To,

Prof. Varun Joshi
Programme Coordinator
NSS & NCC,
Guru Gobind Singh Indraprastha University
Sector 16-C, Dwarka, New Delhi-110078
Email: nsscell@ipu.ac.in

Subject: Invitation to participate in Central Sector Scheme for Skill Development under Champion Services Sector Scheme (CSSS)-reg.

Respected Madam/Sir,

Morarji Desai National Institute of Yoga (MDNIY), Ministry of Ayush, Government of India, is a premier Yoga Institute dedicated to promoting a better understanding of Yoga philosophy and practices based on ancient traditions. The institute plays a pivotal role in the practice, promotion, and development of Yoga globally.

MDNIY proposes to conduct a Foundation Course in Yoga Science for Wellness (50 Hrs.) at your esteemed Organization. We would like to inform you that there will be **no fee** charged by MDNIY for this particular programme. This initiative falls under the Champion Services Sector Scheme (CSSS), and upon successful completion of the course, trainees will receive a **stipend of Rs. 9000/-** (Nine thousand only).

It is essential to mention that **technical support** (Y.I./ Expert) will be provided by MDNIY. As per the requirement of the scheme to enroll in the programme, registered trainees must possess a **10th pass certificate** and be **above 18 years** of age and must not be gainfully employed in the government setup.

We seek the support of your esteemed organization to facilitate the successful conduct of the above-mentioned programme at your premises. This initiative will prove to be a win-win situation for participants, as they will experience the health benefits of Yoga practice and also receive a financial incentive.

Kindly confirm your Organization's support for this program by sending a line of confirmation to my email (muditsharma.ao@gov.in) by 10.02.2024.

Looking forward to your continued support and co-operation.

Your sincerely


(Mudit Sharma)
Administrative Officer

Copy to:

1. PA to Director, MDNIY

