



GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Sector 16-C, Dwarka, New Delhi -110078

EXAMINATION DIVISION
(CONDUCT BRANCH-I)

IRU

PROPOSED Datesheet for End Term PRACTICAL Examinations (November 2026 – January 2027) Regular & Reappear
PROGRAMME: POST GRADUATE DIPLOMA IN YOGA THERAPY FOR MEDICOS AND PARA MEDICOS (Affiliated Institute)

Date & Day	Time: 9:00 AM onwards
	1 st Semester
14.12.2026 (Monday)	PGDYT-PC 106: Yoga Practicum-I
15.12.2026 (Tuesday)	PGDYT-FW 107: Field Work

Note: 1) Any representation regarding the proposed dates /paper etc. may be forwarded to the Controller of Examinations / Incharge (Conduct) through the Course Coordinator latest by 10.10.2026

Note: 2) Change, if any, in the above Schedule of Examinations will be notified only on the official website of GGSIPU i.e. www.ipu.ac.in

EXAMINATION CENTRE: PRACTICAL EXAMINATION WILL BE HELD AT RESPECTIVE INSTITUTE / COLLEGE

BOOKS, ANY OTHER PRINTED / HANDWRITTEN / COURSE MATERIAL ETC., BAGS, MOBILE PHONES, PROGRAMMABLE CALCULATORS & OTHER ELECTRONIC GADGETS ARE NOT PERMITTED INSIDE THE PREMISES OF THE EXAMINATION CENTRE, IF SUCH MATERIAL(S) FOUND, THE SAME MAY BE BOOKED UNDER UNFAIR MEANS CASE.

For Any Clarification and query please contact: Section Officer 011-25302259


(Y.S. Kataria)
Incharge (Conduct)

Dated:


(Prof. Gulshan Kumar)
Controller of Examinations



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PROGRAMME: POST GRADUATE DIPLOMA IN YOGA THERAPY FOR MEDICOS AND PARA MEDICOS (Affiliated Institute)

Date & Day	TIME: 10:00 AM TO 01:00 PM
	1 st Semester
18.12.2026 (Friday)	PGDYT-CT-101: Foundations of Yoga
21.12.2026 (Monday)	PGDYT-CT-102: Hatha Yoga and its Practicess
23.12.2026 (Wednesday)	PGDYT-CT-103: Biomechanics and Kinesiology
28.12.2026 (Monday)	PGDYT-CT-104: Impacts of Yogic Practices on Human Body
30.12.2026 (Wednesday)	PGDYT-CT-105: Fundamental Principle of Yoga Therapy

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EXAMINATION CENTRE: INTIMATION REGARDING EXAMINATION CENTRE WILL BE COMMUNICATED LATER ON
BOOKS, ANY OTHER PRINTED / HANDWRITTEN / COURSE MATERIAL ETC., BAGS, MOBILE PHONES, PROGRAMMABLE CALCULATORS & OTHER ELECTRONIC GADGETS ARE NOT PERMITTED INSIDE THE PREMISES OF THE EXAMINATION CENTRE, IF SUCH MATERIAL(S) FOUND, THE SAME MAY BE BOOKED UNDER UNFAIR MEANS CASE.

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